

Culpepper Place

Senior Living



Community Connection

January 2012

Culpepper Place at Chesterfield Village • 2410 W. Chesterfield Blvd. • Springfield, MO 65807 • 417-886-4000

Born at her parents' home on November 14, 1935, at nine pounds was Carolyn Sue Miller. Born in Springfield, Missouri, this town is where Carolyn Sue would grow up and spend the rest of her life. As a girl, Carolyn Sue went to Bailey Elementary. She lived four long blocks from school and walked there by herself. In second grade, her family traveled from city to city as her dad built Army hospitals.

Carolyn Sue



On what matters most.

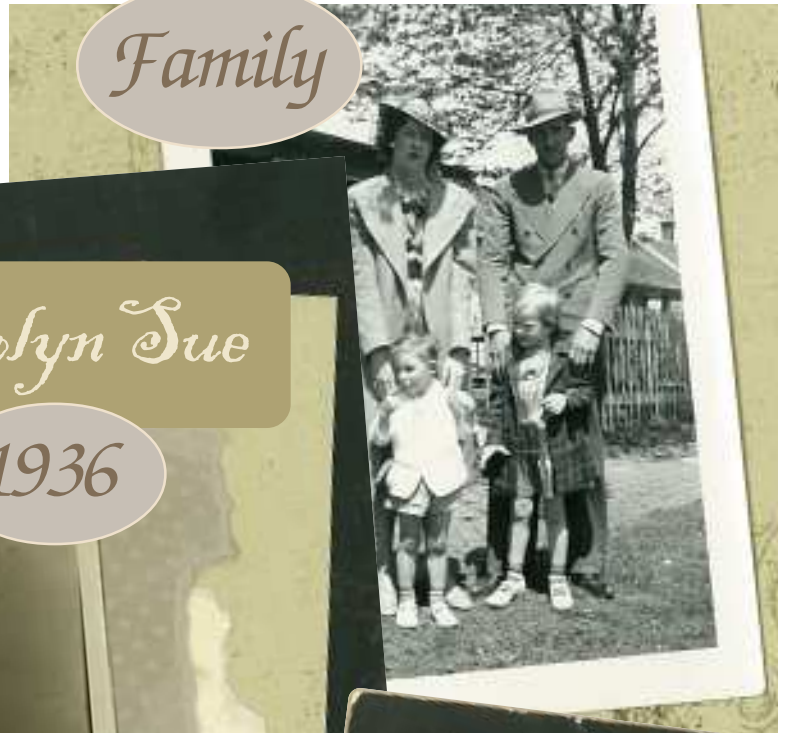
Carolyn Sue has very vivid memories of the things she did as a child. "I was kind of a brat," she tells me. "When I walked to school in the fourth grade, there was a little boy and his sister on the next block who would leave about the same time. One morning, he decided to throw rocks and almost hit me. I ran after him and grabbed him and slapped him right in the face. Of course he screamed bloody murder, (cont.)

and his sister told me she was going to tell. I said I'd do the same to her if she did," Carolyn Sue laughs. "No one can ever believe that story!"

Carolyn Sue grew up in a very friendly neighborhood with a great sense of community and played all the time with the neighborhood kids. Around the age of ten, she started doing a few chores like the dishes and mopping the floors. In middle school, a regular day would consist of coming straight home and starting supper because her mother

would be helping her dad in his radiator shop. On Saturdays, she would clean house while her mother ran errands. On Sundays, the family went to church. They were Baptist and church was a huge part of their lives. "One Saturday a month, the church would rent the skating rink and all the families would go out and skate from ten until midnight. We had a lot of fun."

Family



Carolyn Sue

1936



Sis and Bro



Ready for their close-up...

When Carolyn Sue was 13, her parents adopted a baby who they named Sharon Kay. Carolyn Sue remembers the night vividly. "I was at my piano lesson on South Street when my mom came to pick me up. We bought a bassinet, some diapers, and other baby stuff. Then we brought my baby sister home. My aunt and uncle were there and had a fire going in our coal stove so the house would be nice and warm. This was one of the happiest days of my life," Carolyn Sue smiles.

Carolyn Sue met her most serious boyfriend at church. "We were having a church party and two other boys had taken my purse and wouldn't give it back. This boy, named Dick Shank, told me he'd get my purse back for me and he did. Soon he called and asked me to go to the movies. At the time, Carolyn Sue was attending Central High School. She went through the eleventh grade and married at the age of 16.

The Wedding Day

1952

1948



Carolyn Sue and Dick Shank ~ August 1, 1952

Although Carolyn Sue had many friends, she was never the type to run around and do crazy things as a teenager. "I already had a lot of responsibilities. I watched my sister, made supper, and cleaned house." After getting married, she and her best friends grew apart. Her life was more family-oriented now. In a year, Carolyn Sue and Dick had their first child, a son they named John. Four years later, Michael, their second son, was born, followed a few years later by a daughter they named Brenda.

When Carolyn Sue was little, she remembers wanting to be a teacher or a nurse. As she got older, all she really wanted was a family and a home of her

own. When Carolyn Sue's oldest son was 18 months, she went to work at Lily Tulip. For those five years, she didn't have to leave her kids with a babysitter as she worked the night shift. Wanting to be home her children, Carolyn Sue didn't return to work until her daughter started kindergarten at which time she went to work in the kitchen at Hillcrest High School four hours a day. "I had the greatest job being a mother and spending time with my family," Carolyn Sue says. When asked about the highest points of her life, she replies, "When my grandchildren came along and now my *greats*."

~Julia Myers, MSU Student

In Loving Memory

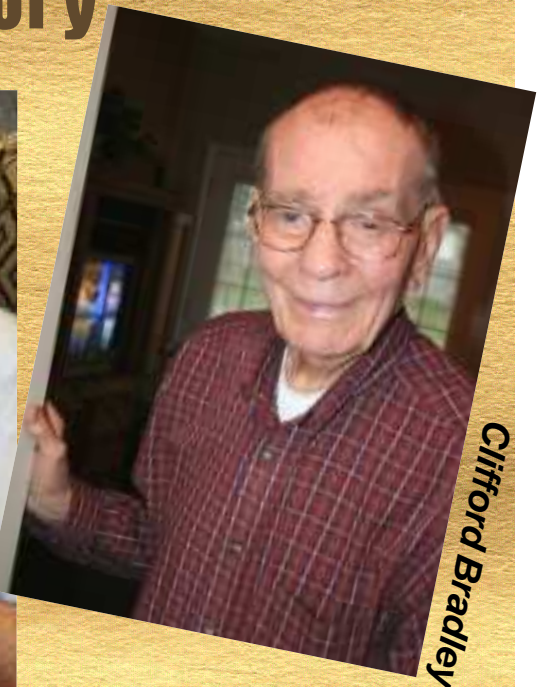


Cliff Blades

Ralph Walling



Clifford Bradley



Death is nothing else but going home to God.

of three very fine men.

The bond of love is unbroken for all eternity.

New Year's Resolutions

A new
outlook
on its
way...

Amy Phillips
Community
Director



In January, most of us set New Year's resolutions for ourselves. Many of my past goals have included the usual things like losing weight, eating healthier, and becoming more physically active . . . valuable, yes, but this year I decided to look deeper within myself and commit to something greater than I have ever done.

One of my limiting weaknesses is that I tend to worry about things I cannot change. Perhaps you struggle with this, too. What would our world be like if more people fully devoted themselves to their faith and trust in God? How would *your* life change if you truly let go of trying to make things happen in a certain way and just allow God to take care of them? I firmly believe this is a New Year's resolution worth setting. I challenge each of you who struggle in this area as I do to make 2012 a year of significant change.

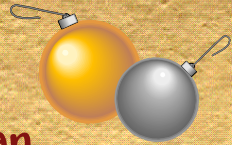
Belinda Wren
Director of Health
and Wellness



The best gateway to our emotional, spiritual health is through our physical well-being. Improve your health and improve your year! Certain foods can in fact help boost our natural immunity:

- A daily serving of two, natural, raw garlic cloves is recommended as garlic is known for its anti-bacterial, anti-viral and anti-fungal properties that aid in preventing infections from taking hold.
- Research has found the production of anti-bacterial proteins to be five times higher in tea drinkers (specifically black and green tea) than coffee drinkers.
- Mushrooms increase production and activity of white blood cells. Scientists are convinced they can actually help in clearing potentially cancerous cells.
- Foods especially rich in vitamin C, a powerful and effective antioxidant, are parsley, broccoli, brussel sprouts, kale, bell peppers, cauliflower, tomatoes, strawberries, cherries, apples, and citrus fruits such as oranges and clementines.

Celebrate!



Dan Johnston and Miah Danille



Alberta

Alberta Greer and "grandson-in-law," Kent, enjoy our open house.



Lively Lou!



Ring...

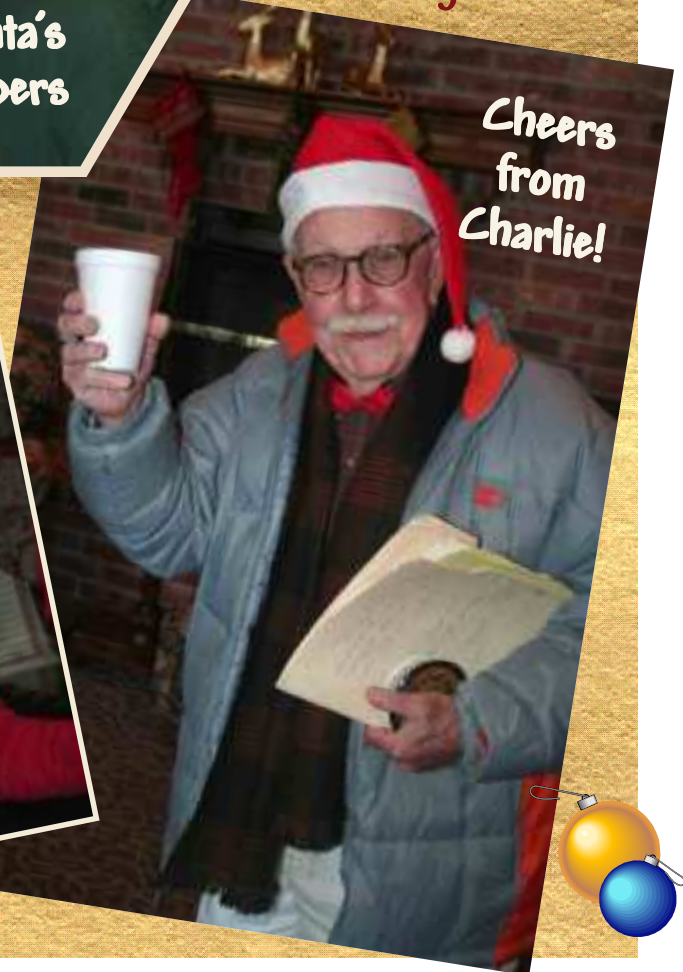


Santa's Helpers

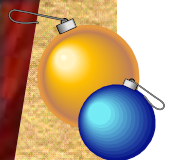
Jingle Bells



Ring, ringaling



Cheers from Charlie!





Jerry Casarotto dazzles us all with his fanciful musical renditions at our Red Hat Christmas party!



Mable

Mabel Blades talks to Santa! John Evangelista's niece, Ruth, selects some tasty hors d'oeuvres for her uncle.



Sue, Mary Kay and May



Dorothy & Fred

Fred and Dorothy Zinnert in festive attire...



Ruth



Happy New Year!

Diana Johnson



Jan. 10



Nancee Tanner thrills us all with her fabulous performance, "Life is a Cabaret."

January 20



Rhonda Day

Jo Marsh, January 13



We reminisce to the music of the Big Band Era while enjoying savory hors d'oeuvres lovingly prepared for us by Lee Tomlin's daughter, Marynell Smith.



Christine Sanders, Jan. 23

Dorothy Call



January 17

January 19



Gene Gonella

Leola Leek



Jan. 19

Evelyn Blakey



January 29



In January, you're sure to enjoy the creative genre of both Anna Bilbrey and Dean Mathis, first-time performing artists to Culpepper. **Mary Kay Rice**

And, cozy in where it's warm with a rich slice of German chocolate sauerkraut cake as you learn more about Amish customs with **Janni Navarre.**

