

FAMILY NEWSLETTER

December 2011



Facility News

Culpepper
Place
Assisted
Living of
Fayetteville

A Licensed
Level 2 Facility

“Christmas
waves a
magic wand
over this
world, and
behold,
everything is
softer and
more
beautiful.”

~Norman
Vincent Peale

In honor of our Veterans, we participated in the annual Veterans Day Parade. Including four gentlemen from our Springdale Culpepper, we had a full bus load of fourteen people to ride in the parade. Patriotic decorations were added to the bus to show our support such as streamers, ribbons and bows, flags, and stars. We even included the names of our veterans on our windows with their rank and branch of service. We had representative veterans from the Army, Marines, Navy, and Air Force. One of the highlights was watching the parade and seeing the motorcycles, bagpipe players, and antique cars. We hope to participate in the parade once again next year.



Message from Vikkie– Who Packed Your Parachute?

Charles Plumb was a US Navy jet pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands. He was captured and spent 6 years in a communist Vietnamese prison. He survived the ordeal and now lectures on lessons learned from that experience!

One day, when Plumb and his wife were sitting in a restaurant, a man at another table came up and said, “You’re Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!”

“How in the world did you know that?” asked Plumb.

“I packed your parachute,” the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, “I guess it worked!” Plumb assured him, “It sure did. If your chute hadn’t worked, I wouldn’t be here today.”

Plumb couldn’t sleep that night, thinking about that man. Plumb says, “I kept wondering what he had looked like in a Navy uniform: a white hat; a bib in the back; and bell-bottom trousers. I wonder how many times I might have seen him and not even said ‘Good morning, how are you?’ or anything because, you see, I was a fighter pilot and he was just a sailor.” Plumb thought of the many hours the sailor had spent at a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn’t know.

Now, Plumb asks his audience, “Who’s packing your parachute?” Everyone has someone who provides what they need to make it through the day. He also points out that he needed many kinds of parachutes when his plane was shot down over enemy territory – he needed his physical parachute, his mental parachute, his emotional parachute, and his spiritual parachute. He called on all these supports before reaching safety.

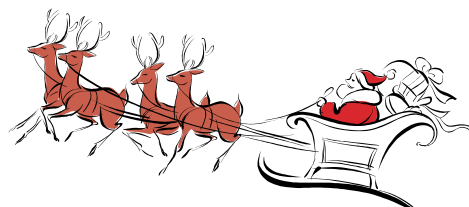
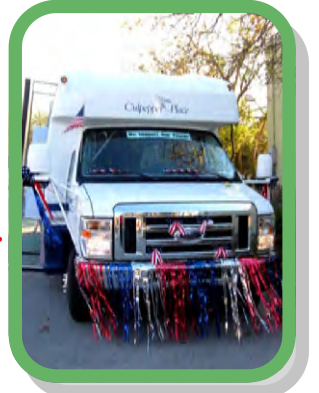
Sometimes in the daily challenges that life gives us, we miss what is really important. We may fail to say hello, please, or thank you, congratulate someone on something wonderful that has happened to them, give a compliment, or just do something nice for no reason. As you go through this week, this month, this year, recognize people who pack your parachutes!



Activity News



We have had a very busy month! We celebrated Veterans day by participating in the local Veterans Day Parade. We also went on a bus excursion to see the new art museum called Crystal Bridges in Bentonville. We enjoyed the musical talents of Guy Wilcox, who plays the piano and sings. We also had a visit from Paul Morphis, who played many instruments simultaneously like a one man band. He played the guitar, a tambourine, a bass drum, and sang all at the same time! We also had a blast participating in a bean bag toss tournament in the parlor. We played with two teams, the Tigers and the Razorbacks, and the competition was very fierce. The game was so close that we had to finish it with a tie breaker competition between Richard Brown and Virginia Hulpieu. We had so much fun that we decided we should have a tournament once a month. We celebrated the November birthdays for residents with a really cute Razorback cake. We also enjoyed visiting with friends and family for Thanksgiving. Some left the facility to have dinner with family, and others invited their family members to join us for Thanksgiving dinner here at our Culpepper. We can't wait to celebrate our first Christmas together!



Meet Our Dietary Supervisor: Valerie Terry

Valerie has experience working for 17 years at the Holland Nursing Homes, and she worked for the Culpepper Place of Springdale for 4 years as the Dietary Manager. She has been married to her husband, Wayne, for 28 years. Together they have 2 daughters, 6 grandchildren, and 2 Chihuahuas named Lefty and Poncho. Some of Valerie's hobbies include doing crafts, writing books, and spending all the free time she has with her grandchildren.



Message From Mitch

Hello everyone! It's that time of year again, and the cold weather is upon us. We also have Christmas when we celebrate the birth of our Savior Jesus Christ. My prayer is we all have a safe and enjoyable holiday season. Please enjoy the decorations that are going up. We couldn't have done it without Joy. She has the touch that so many of us were not gifted with. Please welcome the new people and make them feel at home. Our Facility is a premier place to Live and I will do my best to make it as comfortable and beautiful as I can. Please watch the calendar as we are having many children singing this month and we will also be going out on Christmas Light Excursions. So have a wonderful Christmas and remember the reason for the season. See you in the halls and my door is always open.



Resident Spotlight



Bobbie Strauser



Bobbie Strauser was born in Cabot, AR, and she grew in a family of seven brothers and sister. After attending high school in Cabot, Bobbie got her first job working in Westinghouse Factory, selling parts and appliances. She also worked odd jobs such as secretarial work using short hand and typewriters. At the age of 18, Bobbie was introduced to her future husband Charles Strauser by a friend. Charles just returned home from the service, and a friend set Bobbie and Charles up on a blind date. Their first date was a double date to see a drive-in movie. They dated for 2 years before deciding to get married.

After their marriage, Bobbie began working for an Optometrist, where she continued to work for about thirty years. Her duties included checking the prescription and fitting frames for glasses. At the age of 25, Bobbie gave birth to their first son, Charles Wayne, and eleven years later, she gave birth to their daughter, Annette. Bobbie and her husband really enjoyed going fishing, and they went as often as they were able to.

After Bobbie's husband passed, she became involved in a bowling league and a

Canasta group. Canasta is a card game that is similar to Rummy and involves four players split into pairs. She played Canasta with the same four ladies, Maxine, Betty, Barbara, and Bessie, for 25 years. They met once a week for a potluck and card games.

Bobbie was one of the first few residents to move into our facility. She loves to be involved in the activities such as Bingo, bus excursions, flower arranging, and morning exercise. Her favorite thing about the bus rides is watching the leaves change colors with the new seasons. She appreciates the caring staff here and loves making new friends with the other residents.





December Birthdays



28

Joe Celaya



29

Lillie Glover



30

Bonnie Roberts



R N A M W O N S Y Q I D
 E C Y J N E F L U N E S
 E H B E T H L E H E M T
 D R A S Z O K V O M G O
 N I L U H R C G E E I C
 I S Y S E V A T Y S F K
 E T E G H A N B R I T I
 R M N B T T D A K W S N
 M A H O M N Y S C L T G
 M S Y W C A R O L S A O
 A S O S U S X E E E R T
 H G I E L S B I J W P O

- | | |
|--------------|--------------|
| 1. Bells | 11. Manger |
| 2. Bethlehem | 12. Reindeer |
| 3. Bows | 13. Santa |
| 4. Candy | 14. Sleigh |
| 5. Carols | 15. Snowman |
| 6. Christmas | 16. Star |
| 7. Elves | 17. Stocking |
| 8. Gifts | 18. Toys |
| 9. Holly | 19. Tree |
| 10. Jesus | 20. Wisemen |