



Culpepper Chronicles

Culpepper Place Assisted Living of Fayetteville

A Licensed Level 2 Facility

January 2011

A Premiere Senior Address

Resident Spotlight: Vera Sims



Vera was born in Arkansas, and raised in Oklahoma on a farm with one brother and five sisters. Her mother, Maddie, and father, Thomas, were sharecroppers. She graduated from Heaver High School in Oklahoma, and shortly after went to McAllister, OK for job training. Her first job was packing oranges for the summer at the age of 17. She also worked at a company manufacturing vacuum cleaners.

Vera's real joy in life came when she married her husband, Wilburn "Scorp" Sims, in 1943. His friends called him "Scorp" because he had a temper "like a scorpion." Together they had a family of four children, Jerry, Judy, Joan, and Jody. They also have almost a dozen grandkids. Some of Vera's fondest memories were made while working



for McDonald's in California for almost 40 years. She greatly enjoyed visiting with the customers, and she made many new friends. She also loves all the new friends she has made here at Culpepper Place, and truly appreciates how friendly and helpful all the employees are. She has a great time participating in activities such as Bingo games, bus excursions, and flower arranging.





Meet Our Activities Director: Renee Kruse

Renee became a part of our Culpepper group after graduating from the University of Arkansas with a Bachelor's degree in Communications in May of 2011. She has been married to her husband, Steve, for 3 years, and together they live in Springdale. Some of her hobbies include doing arts and crafts, playing sports, spending quality time with her friends, and playing with her three cats Baby, Nemo, and Little Bit. As the Activities Director, she is responsible for creating the Family Newsletter and ensuring the enjoyment for all the residents through activities in the parlor. She loves spending time with all the residents and enjoys all the new friends she has made while working here.



Message from Mitch

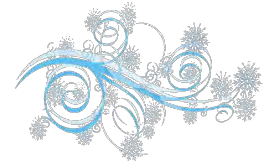
Hello everyone, I hope Christmas was good for all of you, and you enjoyed time shared with loved ones. The Christmas party was sure fun! Thanks to our physical therapist, Joel Sebag, who supplied the Karaoke machine. I know some of you got pretty wild. As we head into the New Year, let's do it with a happy heart and great expectations. Our facility is growing and is indeed a Premier Senior Address. Let's welcome Charlie and Rosemary Turpin and Anne Schlieffarth and help them feel at home. The Christmas lights will be left on the building for a little longer because they are too lovely to take down. I want to remind you about our suggestion box by the mail boxes, please use this if you feel the need. As always, be good, and I'll see you in the halls.



~Mitch



Health Note from Vikkie



Recipe for a Happy New Year

“Take twelve fine, full-grown months; see that these are thoroughly free from old memories of bitterness, rancor and hate, cleanse them completely from every clinging spite; pick off all specks of pettiness and littleness; in short, see that these months are freed from all the past— have them fresh and clean as when they first came from the great storehouse of Time. Cut these months into thirty or thirty-one equal parts. Do not attempt to make up the whole batch at one time (so many persons spoil the entire lot this way) but prepare one day at a time.

Into each day put equal parts of faith, patience, courage, work (some people omit this ingredient and so spoil the flavor of the rest), hope, fidelity, liberality, kindness, rest (leaving this out is like leaving the oil out of the salad dressing— don't do it), prayer, meditation, and one well-selected resolution. Put in about one teaspoonful of good spirits, a dash of fun, a pinch of folly, a sprinkling of play, and a heaping cupful of good humor.”

~Anonymous



Employee of the Month: Chantay Ewing



Chantay Ewing is a member of our Dietary team, and she also works as a CNA. Chantay has worked in the nursing field for thirteen years as a Certified Nursing Assistant, and her goal is to become a Registered Nurse and eventually become certified to be a CNA Instructor. She is currently enrolled in Nursing school to work towards acquiring her Registered Nurse License. She is a resident of the city of Springdale. Chantay has three children, and she is the proud grandmother of six grandkids. She was recently surprised to receive a pit-bull puppy named Titan for Christmas, a dog she has always dreamed of owning. Chantay is an amazing employee, and we are very lucky to have her as a part of our team. As Chantay firmly believes, “ My heart is always open to all of the residents if they need help with anything.”

ACTIVITY NEWS



Ginny Wilson Showing off her ornament craft

We began the month with a bang by hosting our first Fashion Show featuring clothing lines from the Dillard's Department Store. Five of our own ladies were our beautiful models for the show, including Zella Brooks, Theresa Sanzone, Iris Meyer, Martha Lankford, and Ginny Markell. We were delighted to invite several groups from the community to sing Christmas Carols including children from several local schools, Girls Scouts from Elkins, and a Shakespeare play performed by students from George Elementary School. Patricia Fall, wife of our Community Director Mitch Fall, displayed her beautiful singing voice, and we enjoyed a visit from Guy Wilcox, our favorite entertainer who sings and plays the piano. To enjoy the Christmas Spirit, we ventured down to the Square in Fayetteville to see the beautiful Christmas light display. Each year Fayetteville Parks and Recreation workers spend over 2,000 hours decorating the Downtown Square with 450,000 lights!



Zella & Iris modeling at the Dillard's Fashion Show



Bobbie Strauser and her family cheering for the Hogs at a tailgating party

Another fun Christmas activity was stringing popcorn on a garland to put on our Parlor Christmas tree. We look forward to continuing this tradition every year because it is a great way to sit and chat while doing a fun craft that looks great on our tree.





Iris still loves hugs from Santa



Tony and Damita enjoying the monthly resident birthday party



Kitty Duls always ready to give a picture perfect smile



Joyce admiring the new angels for our outdoor Christmas decorations



Our favorite tree at the Lights of the Ozarks display at the Fayetteville Square



Barbara with a fairy from a local school who came to perform in a play

January Birthdays



4

Joyce Shelby



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Vera Sims



17

Chantay Ewing

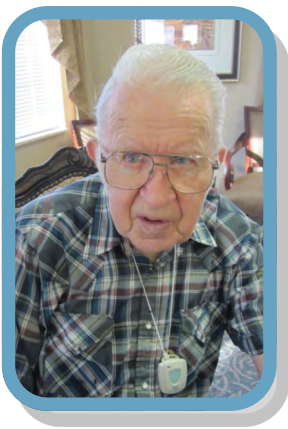


19

Lorie Miller

Welcome!

We would like to welcome our newest residents to our Culpepper Family



Charlie & Rosemary Turpin



Ann Schleiffarth



Michael Carfagno