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Culpepper Place Tribune

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Getting to know... Thelma Atkinson



Thelma was born in Greene County on the south edge of Fellows Lake on April 19th 1921. She was the 1st born and had three sisters and two brothers. They grew up in a large double home shared with her grandparents. Thelma's father was a farmer and blacksmith. Being the first child Thelma got to spend a lot of time with her father while he worked. Her mother made gingham smocked dresses for her and she would sweep up ashes from the anvil and wood block with her skirt tail. She says her mother never did get on to her for getting so dirty, but she was certainly glad when she was one of the first ladies around to get a gas powered washing machine! When Thelma was a baby her father would take her to the field where they would farm oats, hay and wheat. He would put her in a old empty dynamite box with a pillow between the two house cultivator where he could watch her and still work. By the time Thelma was 10 years old she was driving a four horse binder. They'd come to town on Saturdays to sell eggs and cream, shop and visit. On the way back home, they'd stop at Steve Sniders store to by a 300 lb cake of ice, tie it to the bumper of their Allen car and head to the house. Her father and Grandfather built a concrete refrigerator that would keep the ice cold till the following Saturday, they'd still have enough to make home made ice cream. Thelma met her husband Walter one Sunday after church wading in the creek with her friend. He was the "new boy" in town. They dated for five years before they married. Walter was drafted into the Army and sent to the East Coast. They got married when he got a furlough and then he was transferred to Palacios, Texas, then to California and on to Australia. By the time the war was over and he came home, their baby girl was one year old. They bought a home in north Springfield on West Thoman and Walter worked for Kings Furniture Co. Later he went to work for Springfield Grocers and then Hiland Dairy where the president of the company was Thelma's Uncle Bert Putman.

Thelma worked for 16 years for Upjohn (now Oxford Health Care) as a home health provider. She and her husband taught Sunday School to 14 year old boys & girls, and Thelma was the church hostess at Hamlin Memorial Baptist Church. She loves to garden and raised prize winning miniature roses that they entered into the fair. Her daughter Sharon lives in De Moines, Iowa and in Florida in the winter. Sharon was the test kitchen director for Better Homes & Gardens for over 25 years. She has blessed Thelma with twin granddaughters and four great grandchildren. Thelma has recently come to us from Thayer, MO. where she was staying with her niece. Welcome to Culpepper Place, Thelma!



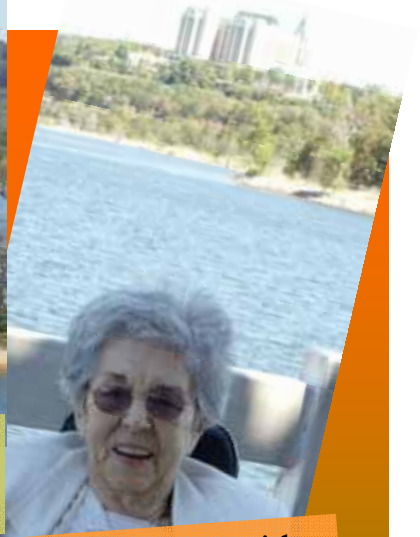
What's Happening, Culpepper?



Lively lil' Lou Le Brun with her accordion at Happy Hour!



View of Table Rock Lake from the Branson Belle.



Beulah on The Showboat with Chateau on the Lake behind.



Eleanor's son Steve & Grandson Hayden with Odie our Pet Therapy friend.



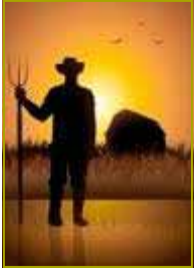
Imogene Who preparing for the WHOVILLE BALL!



Mary Kay & Ken Roberts AKA (Elvis)



You even wondered what happened to the cast & crew of "Gilligan's Island? Just Kidding! It's really our residents and staff at an outing at our west side facility along with the "The Charming Echoes".



Employee Spotlight, Brittni Culbertson



Hey Guys!! My name is Brittni Culbertson. I'm 20 years old. I was born in Bolivar Mo. at Citizens Memorial Hospital on February 4th 1991. Four days later I was on a plane to Germany. My dad was in the Army, and my mother was a stay at home Mom. I have one biological brother named Randall that is 24 years old. I also have five step brothers and one step sister, that range from 7-19 years old. They are all very special to me and I love them very much.

We lived in Germany for three years, and then moved to Switzerland for a few years. With my father being in the Service, we were transferred often. When I was 5 years old we lived in Seattle, WA. Though I was small, I still remember those times

perfectly. Being by the ocean was the greatest childhood experience anyone could ask for. We also went to Montana and Wyoming every month, along with The Dakotas'.

When I was 8 years old, we moved back to Missouri. Unfortunately, my parents divorced and my father moved away, leaving my mother to raise us by herself. We lived on an 180 acre farm in Bolivar close to family and friends with lots of love and support. That's when we learned to farm. However, it wasn't much fun getting up at 5:00am to milk the cows and feed the chickens, pigs and goats! Mom made sure we knew how to take good care of ourselves, no matter what happened. She taught me to cook from scratch, clean, sew, garden, and much, much more. When I was 10 years old, Mom went to school to be a Registered Respiratory Nurse. She would take us with her to class where I would watch her every move and follow her perfect foot prints. That is when my passion for Health Care started. I got my first job when I was only 15 years old in a Nursing Home as a Nurses Assistant. In high school, I started taking some of my college courses to get a head start because I was sure of what I wanted to be. My passion has always been to help those who need it the most. I'm going to school in January for my BSN (Bachelors of Science & Nursing) to be a flight nurse. I love the adrenaline rush and staying on the move. I've been living on my own now for 4 years now. I love music and décor fashion. I like to stay up watching movies and eating junk food!!!



Happy Birthday!!!



Jan 10/5



Wanda J. 10/6



Audrey 10/9



Mabel B. 10/20



Alma Jean 10/27



Jean W. 10/27



Celia 10/29



Nurses Notes with Melinda...



The urinary tract system includes your bladder and kidneys. It is the system that makes urine and carries it out of the body. Infection is caused by bacteria or germs that get into this system. These germs live in your large intestines, and are found in your stool. If these germs get into the bladder and kidneys, it will cause infection. It is important for women to wipe front to back to avoid this from happening. Women are more likely to get urinary infections, but men can get them too. You may be more likely to get an infection if you do not drink enough water, have diabetes, or have a problem that blocks the flow of urine, such as enlarged prostate gland or kidney stones. Symptoms of an infection include burning and or pain on urination. Pain on one side of your back where kidneys are. Urine appears cloudy or smells bad, urine frequency, but nothing comes out when you feel like you have to go. Fever, chills, nausea, and confusion are other symptoms.

Urinary infections are treated with antibiotics and increasing water intake to flush bladder. Cranberry pills or juice can help you to avoid a urinary infection as well as not holding urine in the bladder.

~Melinda Puckett LPN

Karen's Korner...



Mom and I enjoyed High Tea at the Empress Hotel in Victoria, BC, Canada. They have been serving tea for over 100 years there, and it is quite the thing to do!!



There's always entertainment on a cruise ship...



A view of the sea off of our balcony at Victoria. Lovely and placid...



San Francisco in the late afternoon.



We had a wonderful trip, and have enjoyed many together!



In
Memory



Our Friend and Loving
Husband, Don Young



Former Resident
Marion Voss



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